

**SAVE THE DATE! JUNE 8, 2019**



## Walk for Life

**9-11 AM at  
Suhr Park Gazebo  
in Norwalk**

**Registration starts  
April 1 online at  
[www.friendsofabigail.org](http://www.friendsofabigail.org)  
or call 419-668-9500 for a  
form to be mailed to you.  
Our friends from WGGN  
will be broadcasting live  
from the walk.**

Abigail Pregnancy Services. Putting Compassion into Action for over 29 years!

### Contact Us

Please call for more information about our ministry or the services we provide.

**Norwalk Office:**  
3900 Laylin Rd  
P.O. Box 68  
Norwalk OH 44857  
(419) 668-9500

**Willard Office:**  
124 Maple St  
Willard OH 44890  
(419) 951-6109  
ministrydirabigail@gmail.com

Visit us on the web at  
[www.friendsofabigail.org](http://www.friendsofabigail.org)  
Friends of Abigail on Facebook

# CARELINK

Connecting the Abigail Family

March 2019

## From the Director's Desk

With the topic of abortion taking the center stage in our media, our nation is divided on the right to life. This brings a spotlight on our work to promote life and abundant life at Abigail Pregnancy Services. There is more anticipated attention to the work we do once the movie *Unplanned* releases later this month.

As God-fearing Christians, we know that life begins the moment of conception, that God has a plan for that unborn child (Jeremiah 29:11), and that God has perfectly knitted that baby in the womb (Psalm 139:13-14). Some of us may have given our life to Christ as a young child, but many of us did not. Those of us that came to know Jesus Christ as our Lord and Savior later in life know that there was a time we were also deceived by the evil one. Remember that the enemy comes to kill, steal, and destroy (John 10:10).

If you have ever watched the second Hunger Games movie, there is a scene when Katniss has an opportunity to kill a player in the hunger games. Before she is about to release her arrow, he tells her, "Remember who the real enemy is". That is what I urge you to do.

When nonbelievers strongly state their opinion which opposes what we know is true, remember who the real enemy is. I can almost guarantee if you are reading this then you have had the opportunity to be offended by some person, headline, news channel, or social media post within the last couple of months. Remember that we do not wrestle against flesh and blood.

These people that have ridiculed us or stood against what we believe are made in the image of God, and they too need prayers. We are to love the unlovely and pray for those that may try to hurt or mock us (Matthew 5:44). Those are the commands of Jesus. When we take the time to drop to our knees and pray for those that are causing a riot on social media to promote abortion, God can do much more than we could ever do by starting a Facebook argument with them.

It is the light within us that will light up the darkest places. Don't lose your peace or your Christian witness to argue or fight with another person. We are to hold ourselves up to a higher standard of excellence. We too were once blind, but now we see. Pray for others to also see this light and come to know the Lord. That is what we do here at Abigail Pregnancy Services.

In Christ,

Amanda Clark

## Abigail Pregnancy Services

Educate, Encourage, Empower

P.O. BOX 68, NORWALK, OHIO, 44857

3900 Laylin Rd, Norwalk • 419-668-9500

124 Maple St, Willard • 419-951-6109

[www.friendsofabigail.com](http://www.friendsofabigail.com)

### Our Services

- Physician-Verified Pregnancy Tests
- Peer Counseling for Women & Men
- Maternity and Baby Supplies
- Parenting Classes
- Referrals to Other Agencies
- Abstinence Education
- Post-Abortion Peer Counseling

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# Medical Update

## Meet Our New Nurse Manager



When Linda Doughty was first interested in serving at Abigail Pregnancy Services, no one could have guessed how God would eventually use her.

Five years ago she came on board as a volunteer and took the training to work with clients. She was drawn to the ministry because she wanted to reach out to young moms whose position she could relate to, and she wanted to be the help that she needed in her youth. She has volunteered in many ways including: abstinence education, parenting classes, the fair, and helping with events.

As the dream at Abigail to offer limited ultrasound came to the forefront, it was easy to see why God brought Linda to Abigail when He did. She has tackled this new position with so much focus, enthusiasm, and dedication to excellence! She has inspired the staff with her commitment to learn and grow where God has planted her!

Linda and her husband Mark have a son, Brad and daughter, Jess. Linda is grateful that she has been reunited with her first son, Dustin and his wife and daughter. Linda and Mark are also doting "parents" to their Aussie Doodle, Daisy.

Linda's medical background started in her 8 years of service in the United States Air Force National Guard. She holds a Bachelor's degree in Biology/Chemistry, an Associates degree in Nursing (RN), and she recently completed training from NIFLA in Obstetric Ultrasound. She is excited to be training with sonographer Kim Ott, RDMS. Once that training is complete, we will be ready to open our doors for free limited ultrasound!

Linda is also the owner, baker, and decorator at It's Just A Cookie, LLC, a decorated sugar cookies business. When she's not busy with that, she enjoys visiting her children, reading, spending time with friends, and traveling to Needtobreathe concerts with family and friends.

## Changes Coming Soon!



We are grateful to the **Fund for Huron County** who recently awarded Abigail a grant to extend our parenting class curriculum to include lessons geared toward toddlers. Our clients have been asking us to address issues like behavior and discipline, and we want to serve them well! Educating our clients on raising their children beyond the first year is all part of our efforts to keep our parenting classes relevant, engaging, and meeting the needs that they identify to us.

As we revamp our current Baby Basics class and add our Beyond Basics classes we will keep you updated as to when they will be available.

We are in need of cans of Gerber powdered formula in Sooth, Soy, and Gentle varieties. You can drop off at the Norwalk or Willard center or send in a donation with a note specifying it for formula. Thank you for putting your compassion into action!



## Thank You!

Our sincere thanks goes out to **Trinity Christian Academy, St. Paul's Church in Norwalk, Willard Christian Alliance Church, and Ripley Church** for participating in our Change for Life baby bottle campaign in the first quarter of 2019. You have us right on target to meet our \$10,000 goal for the year! Thank you for helping families in your communities!

Abigail is pleased to know that our recent Dine to Donate at Jim's Pizza Box in Milan was their most successful Dine to Donate to date! Thank you Jim's for being such faithful supporters!

### We Need You:

We are in need of **volunteers to help with laundry** in the Norwalk center and to clean baby furniture. If you are interested, please contact Carol Rinella at 419-668-9500 or [volunteer@abigailonline.org](mailto:volunteer@abigailonline.org)

We are looking for people to participate in the Walk for Life! See back page for details.

## You Can't Retire Greatness!

It is with heavy hearts we announce that after 8 years of service to our ministry Pat Myers is retiring. As a peer counselor Pat, at one time a young single mom herself, had a special connection with her clients in the counseling room. In addition, as Abigail's Baby Basic instructor, her mix of knowledge, personal experience, compassion, and a positive attitude helped give her students the skills and encouragement to succeed in their motherhood journeys. We asked some of Pat's Baby Basic clients to comment on what they most appreciated about her. Here are some of their responses:

*"Pat was a great teacher. She was funny and really kind and caring. She went out of her way many times to help me, which I appreciate a lot."*

*"She's a great lady and cares a lot about the women she helps and teaching them how to care for their little ones!"*

*"She took the time to pray with me."*

*"Pat taught us important information that will help to guide us through our journey, while she shared her personal experiences with us that even made it more easy to connect with."*

*"Each time I come in for a visit, she's so sweet, and she's always been one to listen when I've rambled on about everything. I love Pat to death and wish the best to her!"*

Pat will always be remembered for her compassion, humor, fashion sense, and her joyful "fake it til you make it" attitude by her co-workers and clients alike. She will be greatly missed at Abigail. Please join us in praying for God's blessings on our beloved friend, Pat Myers, as she moves on from our ministry to a new God-ordained phase of life.

We are thankful to God that He has answered our prayers to bring clients to us who are truly in need of our services! Your number one way to support this ministry is through faithful prayer. Please join us in prayer for our clients and their children. The need is great for many of our clients who are in serious crisis due to their pregnancy, financial, housing, and relationship issues. Thank you for being our prayer partners!

